CHILDREN'S MENU

mains

BEEF BURGER 7.0

Toasted glazed bun, 20z beef burger, lettuce and tomato sauce. 262 kcal + cheese for 50p v 66 kcal

SMASHED VEGGIE BURGER 7.0 vg

Toasted glazed bun, lentil burger, salsa and lettuce. 232 kcal + vegan cheese for 50p vg 64 kcal

CRISPY BATTERED FISH GOUJONS 7.0 200 kcal

SOUTHERN FRIED BATTERED CHICKEN GOUJONS 7.0 186 kcal

GRILLED PORK SAUSAGES 7.0 412 kcal

VEGAN SAUSAGES 7.0 vg 138 kcal

add your sides to any of the above

One choice from each of the below.

Side One - choose:

mashed potatoes vg 266 kcal, chips vg 323 kcal, fries vg 437 kcal or rice vg 237 kcal

Side Two - choose:

beans vg 39 kcal or peas vg 21 kcal

PENNE PASTA IN CLASSIC TOMATO SAUCE 6.5 v 264 kcal

Served with grated Cheddar cheese and garlic baguette.

CHICKEN KORMA 7.0 683 kcal

Sliced chicken breast cooked in a creamy coconut sauce, served with basmati rice and mini poppadoms.

SWEET POTATO & VEGETABLE KORMA 6.5 v 448 kcal

Sweet potato and vegetables cooked in a creamy korma sauce, served with basmati rice and mini poppadoms.

v - vegetarian, vg - vegan

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

build your own

Choose either a delicious wrap or tasty salad with one of the following:

Davidstow Cheddar v 104 kcal / Coronation chicken 159 kcal St Ewe egg mayo v 144 kcal / Atlantic prawns in Marie Rose 78 kcal Beetroot falafel vg 93 kcal

WRAP 7.0

SALAD 7.0

Soft tortilla wraps, filled with crisp lettuce, tomatoes and sliced cucumber. 255 kcal

Cucumber, cherry tomatoes, lettuce, carrot batons and French-style dressing. 95 kcal

desserts

VEGAN FRUIT & NUT FLAPJACK 3.0 vg

Fruit & nut flapjack served with chocolate sauce and raspberry ripple ice cream. 332 kcal

TRIPLE CHOCOLATE BROWNIE SUNDAE 3.0 $\it v$

Warm triple chocolate brownie topped with vanilla ice cream, mint and chocolate sauce. 341 kcal

YOGHURT & FRUIT 3.0 ν

Cornish natural yoghurt with mixed berries, raspberry coulis and mint. 147 kcal

ICE CREAM & WAFER 2.0 v, vg option 212 kcal

Vanilla v 135 kcal per scoop, chocolate v 177 kcal per scoop, strawberry v 160 kcal per scoop, salted caramel v 193 kcal per scoop banana v 191 kcal per scoop, vegan raspberry ripple vg 106 kcal per scoop raspberry sorbet vg 112 kcal per scoop

We have a separate menu available for guests looking to avoid gluten, please ask your server.

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